Men As Fathers

A 12-Week parenting class for fathers based on the “Nurturing Father's Curriculum”

An opportunity for men to grow in the company of other men On a pathway to becoming “Dynamic Dads”

The more we understand about the complexities shaping our children’s healthy development, the clearer the understanding becomes regarding the value of positive father involvement. Fathers can, and do, play a significant role in the healthy development of children.

Join us for our next parenting class dedicated to men only.

Topics addressed will include:

• Exploring the roots of fathering
• What it means to be “dad” in today’s world
• Child development and realistic expectations
• Family communication skills
• Self-care and stress management
• Discipline and guidance techniques
• The value of play
• Balancing work and family
• Conflict resolution/ anger management
• Community resources for fathers and their families

Class Now Taking Pre-registration!

Olympia West Side location
Pre-registration required

Cost: $250 per person
Cost includes twelve sessions and work book.

Easy Payment plans are available

To Register, or for additional information call:
360-754-7629